



KAMALA NEHRU COLLEGE

(University of Delhi)



Shining Network

- A *RAY*volution



(A youth empowering and value creating society)

Vision

Shining Network aims at building a culture of peace, wellbeing, mutual understanding and ethical awakening through promotion of life skills and value education.

It makes effort to empower young minds to seek rationale solutions to problems in society and stand out as young ambassadors of peace in their respective fields.

Mission

Shining Network works in unity,

- To create sensitivity and concern about social issues.
- Reflect and realize the infinite potential in youth to usher a positive change.
- Promote ethical values; understanding of peace and wellbeing.
- Educate young minds to emerge as value educated youth of nation.

Our Team

Faculty Convener : Dr Geetesh Nirban

Student Conveners : Meghna Jalan and Kajal Kumari

Members:

Priya Chawla

Lanusela Imsong Thakkar

Maniza Khan

Faiza Azhar

Bhavya Bhatia

Shruti Appalla

Tarangini Saran

We believe that...

‘Peace is not won, but established brick by brick with efforts of each one, which is as important as a drop of water is to ocean.’

We aim at :

Youth Empowerment

Ethical Conduct

Global Peace

Approaches of Shining Network

Interfaces with scholars and public figures renowned for their contribution in societal/political/psychological wellbeing.

Workshops with organizations working towards peace building.

Seminars on issues of social concerns and youth well being.

Field visits as a part of community outreach programs.

Celebration of birth anniversaries of prominent youth icons.

Significant Collaborations



Guild for Services
(Run by Dr. Mohini Giri)



Expressions the Life Skills
(Run by Dr Jitendra Nagpal)



Geriatric Society of India
(Run by Dr O.P. Sharma)



WISCOMP
(Women in Security Conflict Management and Peace, run by Dr Minakshi Gopinath)



Breakthrough
(Working for women empowerment and against gender discrimination)

Tradition

1. To commemorate an event/activity, we release a Bookmark.

The collage consists of six vertical bookmark designs:

- Bookmark 1 (Blue background):** Features an image of a hand pointing to a blue sky with clouds. Text: *In the power to change yourself is the power to change the world around you.* KAMALA NEHRU COLLEGE SHINING NETWORK... A RAYvolution
- Bookmark 2 (Green background):** Features an image of a small green plant growing from a coin. Text: As long as you live, keep learning how to live. -Lucius Seneca. Kamala Nehru College Shining Network a RAYvolution...
- Bookmark 3 (Black background):** Features an image of silhouettes of people jumping. Text: "We cannot always build the future for our youth, but we can build our youth for the future." -Franklin D. Roosevelt. KAMALA NEHRU COLLEGE SHINING NETWORK... A RAYvolution
- Bookmark 4 (Yellow/Orange background):** Features an image of a person with arms raised against a sunset. Text: "You are only young once, and if you work it right, once is enough." -Joe E. Lewis. KAMALA NEHRU COLLEGE SHINING NETWORK... A RAYvolution
- Bookmark 5 (White background):** Features an image of hands raised. Text: "Peace is not the absence of conflict, but the ability to cope with it." KAMALA NEHRU COLLEGE SHINING NETWORK... A RAYvolution
- Bookmark 6 (Light Blue background):** Features an image of a head silhouette filled with birds. Text: Refuge to the man is the mind, refuge to the mind is mindfulness. -Buddha. Kamala Nehru College SHINING NETWORK A RAYvolution

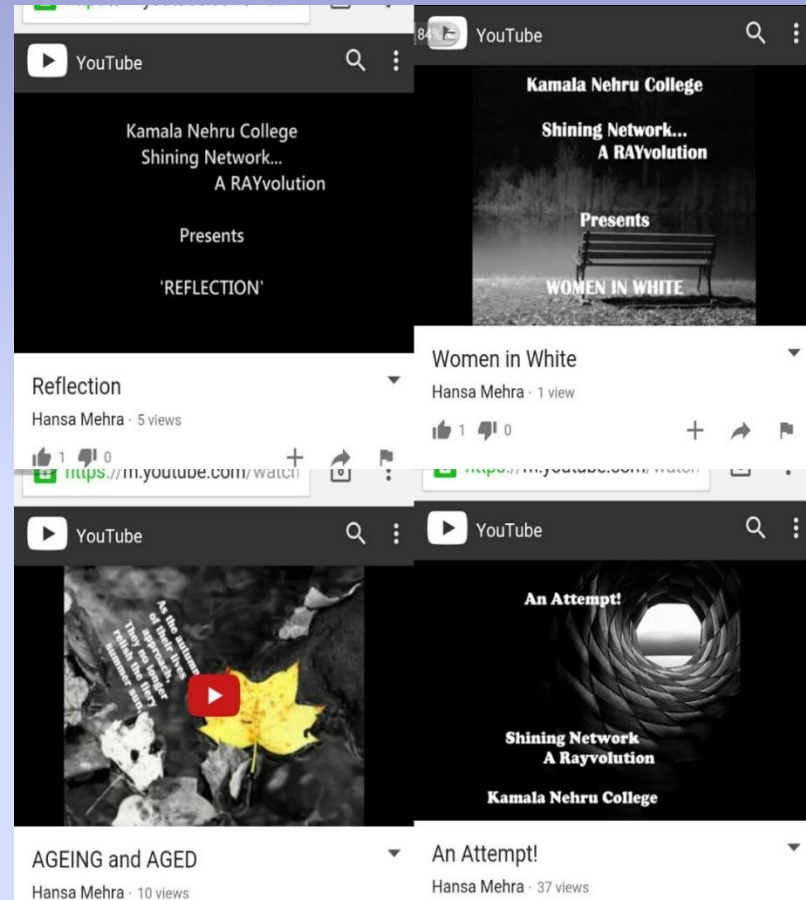
...to celebrate creativity and knowledge

2. Annual Chutney Event



..celebrating diversity

3. Sessional Movies



...for empowerment through media.

**Few Eminent Speakers who
have shared their experiences
and wisdom with Shining
Network.**



(Late) Dr. A.P. J. Abdul Kalam
'Vision 2020' (2009)



Dr. Shashi Tharoor
**'Role and responsibility of youth in
building the nation' (2012)**



Dr. Kiran Bedi

'Redressal of values : A need of the present times' (2009)



His Holiness Dalai Lama

'Power of non-violence in the age of violence' (2009)

Few more eminent speakers were..

Mr Rajendra Singh (Magsaysay award winner)

'Yamuna & Common wealth Games', 2007

Mr Arvind Kejriwal [Magsayay Award Winner (then), Chief Minister (now)]

'Use and Abuse of Right to Information', 2008.

Swami Agnivesh (Eminent activist)

'Role of Students (Particularly women) in building the Nation in the 21st Century', 2008

Swami Shantataman ji (Secretary, Ramakrishna Mission)

Mr. W.A Nomani (Secretary, India Islamic Cultural Center)

Fr.J.A Carvalho (Principal, Father Angel School)

Mr. Doboomb Rinpoche (Director, Tibet House)

Dr. Maheep Singh (Author)

'Does Religion help in building a culture of Peace?'
2008

Ms Renana Jhabvala (National coordinator of Self Employed Women's Association)

'Empowerment of women informal workers in the context of Globalisation', 2009.



Tihar Jail

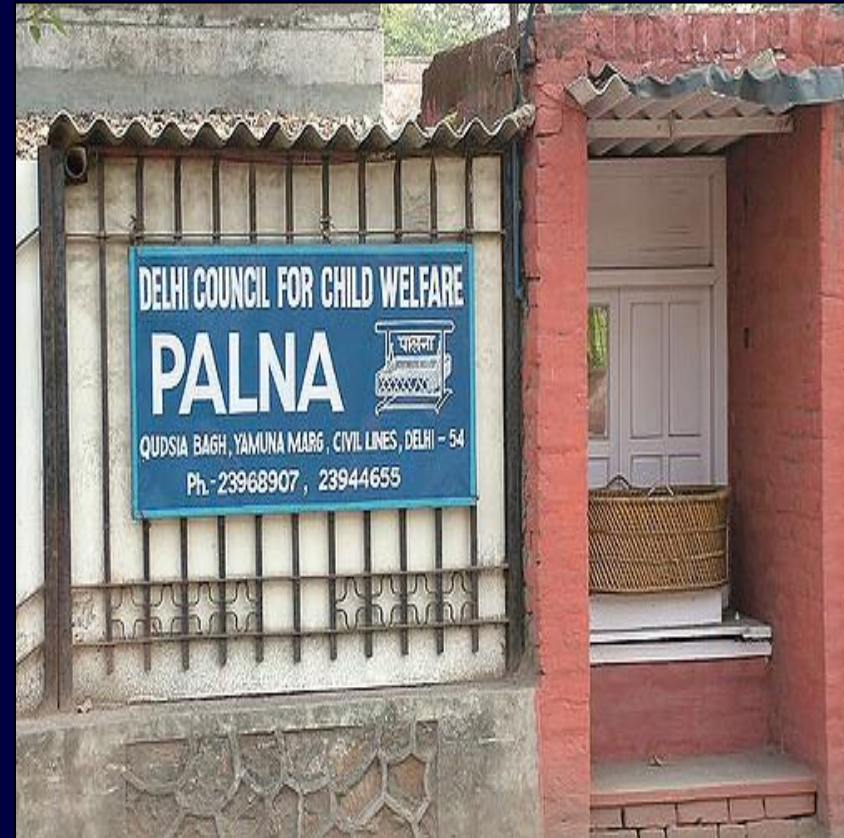
(New Delhi)



...to understand the influence of prison reform programs in lives of women inmates.

Palna Children Home

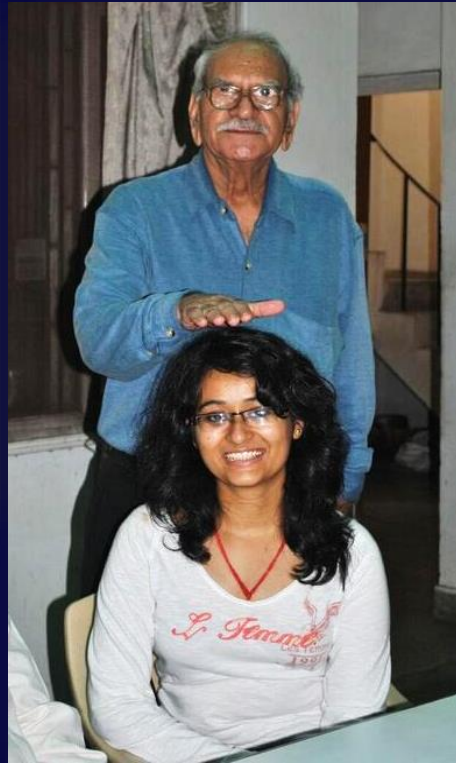
(Delhi Government)



...to sensitize about higher rate of abandoning of girl child and their lesser rate of adoption in Indian society.

Gharonda

(Old age home, Fatehpur Beri, Chattarpur, New Delhi)

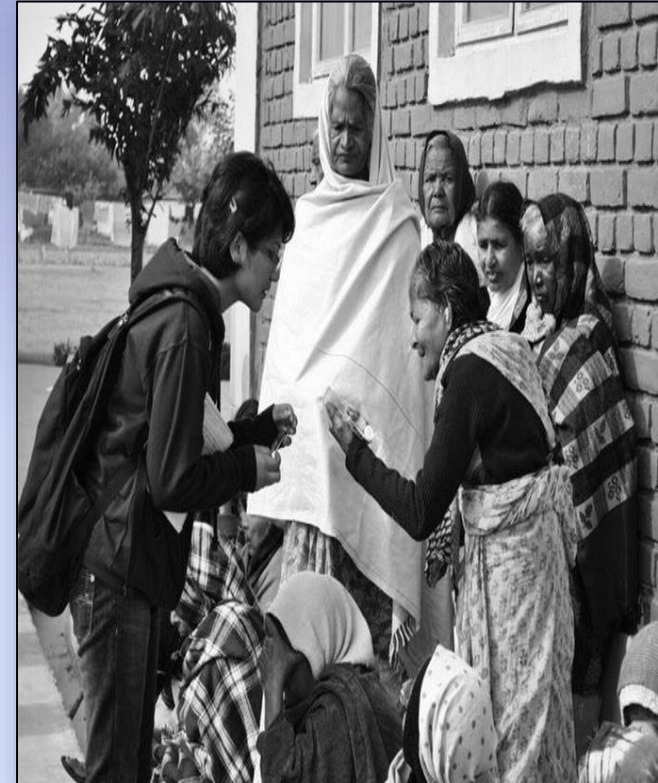


...for generating awareness about ageing issues and youth's social responsibility towards the aged.



Maa Dham

(Widow Empowerment Centre, Vrindavan)



**...understanding social stigma
attached to widowhood in 21st
century India.**



Rahatghar

(Youth empowerment centre, Srinagar)

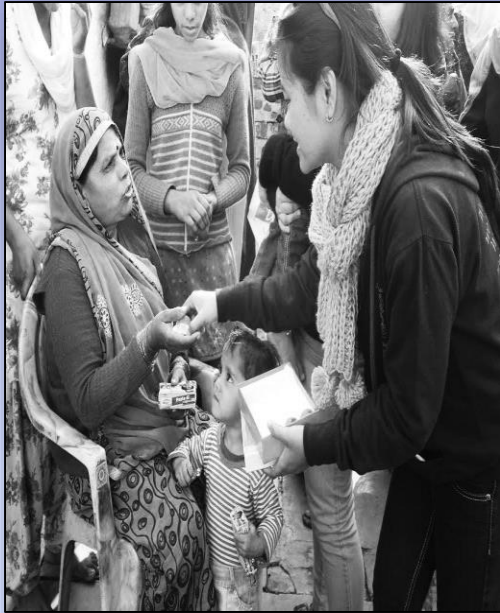


...to learn about peace and effects of terrorism on youth raised in zone of perennial conflict.



Sunrakh and Ramthal

(Villages in Vrindavan)



A weekend of collaborative learning on empowerment of widows and their coalitions – A project by Guild and UN Women.

Workshops

(Training in issues of social and psychological concerns)

**Breaking Stereotypes
(2013)**

**Conflict Resolution and Peace Building.
(2013)**

**Expressions as life skill.
(2014)**

**Mindfulness
(2015)**

**Lessons on Peace and Biology.
(2016)**

Breaking Stereotypes (2013)

Conflict Resolution and Peace Building (2013)



Expressions as life skill



**..with renowned theatre artist
Ms. Averi Chaurey. (2014)**

Mindfulness



**..with Gerardo Montes-moroto, Spanish
Scholar, Universidad Complutense De
Madrid Spain.(2015)**

Major Interfaces

**Stigma: An Antithesis to Well Being
(2009)**

**Ageing and aged
(2010)**

**Partition: Imprints
(2012)**

**Life skills
(2013)**

**Development, Public Action and
India's Great Escape.
(2013)**

**Regional, Cultural and Communal
Sensitivity: Our Responsibility.
(2014)**

Ageing and aged



Dr. O. P. Sharma, President, Geriatrics Society of India
Ms. Deepti Kathpalia, Advocate High Court, New Delhi
Dr Jitendra Nagpal, Senior Consultant - Psychiatry, Moolchand Medicity

Development, Public Action and India's Great Escape



...with Eminent Development Economist Professor Jean Dreze.

Life Skills



...with Dr. Jitendra Nagpal (Psychiatrist)
Dr Shikha Sharma (Nutritionist)
Geeta Chandran (Eminent dancer).

Peace and Lessons in Biology



**..with Mr. Come Carpentier, Convener
of Editorial Board the World Affairs
Journal (2016)**

Screening of Eco-Dharma.



**..with Polish film maker
Malgorzata Skiba (2016)**

College Engagements

Vatsalaya Mela, Dilli Haat



An interactive session was organized by SN on Dreams and aspirations of the adolescent.

Antardhwani (Annual Delhi University Festival)



Represented Kamala Nehru College at inter college festival.

Folk Festival

A perfect cocktail of different colors, sounds, aromas and flavors to savor.

It represented myriad colors of Indian Folk.



Diversity was showcased via music, dance, handicraft and regional cuisine.

Chief Guest - Ms. Shovana Narayan (Kathak Dancer)
Guest of Honor - Dr. Ruchira Ghose (Chairman of Crafts Museum) in collaboration with Nupur – The Folk Dance Society of KNC (2011)



Golden Jubilee Celebrations KAMALA NEHRU COLLEGE (1964-2014)



The Besy Choir , Bible Society of India, Mizoram was invited by Shining Network for valedictory function of Golden Jubilee in January 2015.

Celebrating Birth Anniversary of Youth Icons



Celebration of 100th anniversary of Mother Teresa through an exhibition on her life in collaboration with Missionaries of Charities (2012).



Commemorates 150th birth anniversary of
Swami Vivekananda

On
1st November, 2012

By organising

Swami Vivekananda :
Glimpses of an extraordinary life

(An Audio-Visual Presentation)

Honourable Chief Guest : Mr. Suresh K. Goel
(Director General, ICCR)

**Youth And A Beautiful Mind :
Self Exploration Through Life Skills And
Value Based Education**

(An Interactive Programme)

on
2nd November, 2012
Venue : Council Room

Session 1 – 9:30 am

Theme : Youth, Values and Life Skills

Speakers :

Dr. Geeta Chandran & Dr. Jitendra Nagpal
(Bharatnatyam Dancer) (Psychiatrist, Moolchand Medcity)

Session 2 – 12:30 pm

Theme : Food for a Beautiful Mind

Speaker : Dr. Shikha Sharma (Nutritionist)

Informal Events – 3:00 pm

Make A Mark

(Bookmark making competition)

Run the Brain Engine

(Quiz on health, nutrition and wellbeing)

For further queries contact:

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Samiksha Todaria – 8587044686
(Student Convener)

Anjali Gupta – 9911169345
(Student Convener)

**These icons are sources of inspiration to never give up
and keep the spirit the challenging all through.**

‘With our thoughts, we make the world with our actions, we bring the change.’

hindustantimes
SPREADING JOY PART 7 OF SEVEN

ON THE HEELS OF OUR HAPPINESS SURVEY, A LOOK AT PEOPLE FROM ACROSS THE COUNTRY WHO GO OUT OF THEIR WAY TO BRING JOY INTO THE LIVES OF OTHERS

SECOND CHILDHOOD

ON SONG A group of students heads out to a Delhi slum every month to spread cheer among children through music, dancing, skits

Shashwoti Das
in New Delhi

NEW DELHI: Every month, 35 children aged five to eight gather at an open ground in a slum in east-west Delhi, eager to celebrate their day of joy.

Organised by Shining Network, a volunteer body formed by students of Delhi University's Kamala Nehru College, this day could involve anything from new colouring books and crayons to sing-alongs, dance sessions and skits, as its students attempt to recreate for the children a

childhood otherwise lost to deprivation.

"We do things that the children enjoy. Since they are very young, it requires infinite patience," says Anjali Gupta, a final-year psychology student and convener of Shining Network.

Each month, the group picks a fresh theme to add an element of surprise to their visit.

"Shining Network is about our development as individuals too," says Raveeshu Gupta, a second-year student of economics and member of the group. "It is far removed from

'social work' because it focuses on spreading joy among those less fortunate than us."

Launched in 2007 by students of the college, the group is not part of any university social service credit programme, focusing solely on helping others with no expectation of returns.

"All the activities of Shining Network help the team members strengthen their social commitment. Making time, while balancing studies, for issues neglected in society is proof of their infinite potential," says Geetesh Nirban, faculty



• An Independence Day celebration organised by Shining Network.

in-charge of Shining Network. The children now eagerly look forward to these visits.

"We play new games each time and get colouring books and crayons too," says Ashu, 5, (name changed). "The didis [elder sisters] also teach us to sing and dance. We love it when they visit."

In addition to working with the slum children, the group of students also visits a home

for the aged once a month, offering the 85 aged inhabitants some laughs and young companionship.

"The people in the home have largely been abandoned by their children and families. They have no one to speak to," says Gupta. "We perform for them and sing with them. There is nothing more satisfying than making someone laugh."

"We play new games each time and get colouring books and crayons too. The didis [elder sisters] also teach us to sing and dance. We love it when they visit."

ASHU (S, NAME CHANGED), SHASHWOTI

MEET THE CARE GIVERS

SHINING NETWORK
A volunteer body formed by students of Delhi University's Kamala Nehru College

Why a monthly day of joy for slum children?
This volunteer body was created by students in 2007. The visits to a nearby slum to engage children in colouring or dance sessions, sing-alongs and skits is an attempt to recreate for them a childhood otherwise lost to deprivation.

Coca-Cola OPEN HAPPINESS
are you **crazy** enough to make the world **happier**?

Our Alumnae

Our Alumnae's

<p>THIEMNEIHZO (2011)</p>	<p>Disaster management at Tata institute of Social Sciences</p>	<p>Pursuing integrated MPhil/PhD in Disaster Management from TISS</p>
<p>RONICA VUNGMUANKIM (2014)</p>	<p>Social work with specialization in Criminology and Justice</p>	<p>Pursuing 2nd year Masters from TISS, Mumbai</p>
<p>SAMIKSHA TODARIA (2013)</p>	<p>Social work (children and families) from Tata Institute of Social sciences</p>	<p>Awarded a scholarship within the framework of the Erasmus Mundus Action 2, "EUPHRATES" Project, to carry out a Masters Degree in Innovation and Technological Entrepreneurship, from 2015-2017, at University of Porto (Portugal).</p>
<p>NANCY KHANNA (2013)</p>	<p>Masters in Philosophy from JNU</p>	<p>Working with an NGO, established by UNICEF and Municipal Corporation of Greater Mumbai to provide primary education.</p>
<p>SADHVEE MANOCHA (2013)</p>	<p>Masters in Psychology from Amity University</p>	<p>Working with a Training and Organization Development firm named InspireOne</p>
<p>RAVEESHA GUPTA (2013)</p>	<p>Masters in economics</p>	<p>Editor at the Economist Intelligence Unit</p>

Looking ahead...

Taking peace issues to broader levels by initiating dialogues on racism, sexism and color discrimination affecting youth.

Interdisciplinary Research Journal 'Voices On Peace'

Certificate course on Peace Building and Conflict Resolution.

Arranging summer Internships with organizations working for promotion of peace.

Collaborations with universities in SAARC nations for interactive exchanges with youth there.